

Snowcrest Jr. High Track and Field
Student-Athlete Contract

Name of Student-Athlete_____ Grade_____

Congratulations on joining the Snowcrest Track and Field team! The articles of this contract are intended to provide you and your parents/guardians with guidelines for basic participation in this athletic program.

Article I Team Commitment

By joining this team you are making a commitment to: demonstrate exemplary sportsmanship, punctuality, and diligence at practice and in competition. Students should demonstrate respect towards teammates, coaches, officials and opponents.

Article II Attendance

100% attendance to all practices and meets is expected. Students who have perfect attendance will be eligible for the Runners From H.E.L. award. If a student needs to miss practice for another commitment such as soccer, skiing, piano lessons, etc., a parent must contact Ms. Froerer (mofroerer@wsd.net) **before** the missed practice in order to remain eligible for running in the track meet. We understand that some students have other commitments, and we are delighted to have them on the track team anyway. However, we do expect every person on the track team to be at every meet, and students who miss practice will not be eligible for the award.

In order to run in the meets, students should make every effort to be at time trials each week. Students who miss practice without an excused absence may be suspended from a track meet. Extenuating circumstances will be dealt with on a case-by-case basis.

Athletes are expected to be dressed and on the field ready to warm up by 2:45.

Article III Runners from H.E.L.

To be eligible for the Runners from H.E.L. (Huntsville, Eden, Liberty) award, students must meet the following criteria:

- Attend all track meets.
- Attend all practices.
 - ONE practice may be missed if a student is sick and also misses school. Please email Ms. Froerer before track is missed.
 - Students at a school event will be excused. Examples include baseball, cheer tryouts, and the school play. Please email Ms. Froerer regarding these absences.
- Be on time to all practices. Two tardies of more than 5 minutes will count as an absence unless a teacher's note is provided.

Article IV Academic Responsibility

You must maintain a 2.0 GPA or better. Citizenship grades must be no more than 2 Ns or 1 U, or 1 U and 1 N.

Article V Conduct

Student-athletes are school representatives and are expected to conduct themselves respectfully and be a good example. This applies to all practices and competition situations as well as school functions. Student-athletes will be held accountable for behavior that is unacceptable. Poor sportsmanship, bullying, inappropriate language, or any form of misconduct will not be tolerated. It is a privilege to be a member of the team. Always show respect.

Article VI Payment and Physicals

The cost for track is \$65. This must be paid to the office as soon as possible. You may bring your receipt to Ms. Froerer to get your uniform as soon as you have paid.

All students must have a physical signed by a licensed physician. This document must be turned into the office as soon as possible. Physicals are good for one year.

Article VII Agreement

I promise to take pride in representing myself, my team members, and my school. By signing below, I attest to the fact that I have read and understand all articles in this contract and agree to abide by them completely.

Athlete Signature _____ Date _____

Parents/Guardian Signature _____ Date _____