

Dear parents,

Please follow [this link](#) to fill out the paperwork for the 2018 Snowcrest Track season. It references some of the other documents in this folder, including the Insurance Statement, Track Contract, and Athlete Code of Conduct.

You do not need to print out any paperwork; instead, simply read the documents and fill out the form. If you have any questions, please email Ms. Froerer at mofroerer@wsd.net.

[Here is a link](#) to sign up for bringing treats to the meets. We really appreciate the parents who can help out! It's great for the students to be able to get a snack and refuel after their run.

You will need to provide us with a copy of a physical. These are good for one year, so if you have provided the school a copy for another sport this year, we will use that. This folder includes a form for the doctor to fill out (Physical History Form).

Please let us know if you have any questions.

Thanks!

Snowcrest coaches

Molly Froerer mofroerer@wsd.net

Julie Thorngren juthorngren@wsd.net